## The Primary Function of the Work Preference Profile is...

SELF-DISCOVERY!

Work Preference Profile Training Goals

- Understand your work behavioral tendencies and develop a beginning understanding of how these styles may affect others.
- Understand, respect, appreciate and value individual differences.
- Develop strategies for working together to increase productivity.
- Enhance your effectiveness in accomplishing tasks by improving your relationship with others.


## Personal Profile System Response Page

Choose one MOST and one LEAST in each group of words

enthusiastic
daring
diplomatic
satisfied


## TALLY BOX

| ${ }^{\circ} 1$ | $-{ }^{\mathrm{D}} 19$ | $={ }^{\mathrm{D}}-18$ |
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## Personal Profile System Graphs

GRAPH I

INTENSITY

| 28 |
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| 27 |
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| 5 |
| 4 |
| 3 |
| 1 |



## Personal Profile System Graphs



## Personal Profile System Graphs



## I want it done and I want it done right now!

# D = DOMINANCE 

## Emphasis is on

## shaping the environment by overcoming opposition to accomplish results

## High "D" Overview

- Characteristic: High Ego
- Orientation: Results
- Motivated by: Challenge
- Basic Fear: Being Taken Advantage of
- Under Pressure: May Show a Lack of Concern for Others


## Common "D" Characteristics

- Strong-Willed
- Causes Actions
- Challenges Status Quo
- Problem Solver
- Focuses on Immediate Results
- Needs Variety


## Potential "D" Weaknesses

- Oversteps Authority
- Argumentative Attitude
- Fails to Weigh Pros and Cons
- Insensitive to Others' Opinions/Feelings
- Over Emphasis on Winning



# i = INFLUENCE 

## Emphasis is on

## shaping the environment by influencing or persuading others

## High "i" Overview

- Characteristic: Optimistic
- Orientation: People Oriented
- Motivated by: Social Recognition
- Basic Fear: Social Rejection
* Under Pressure: May Become Disorganized


## Common "i" Characteristics

$\uparrow$ Instinctive Communicator

- Persuasive/Motivating/Encouraging
- Spontaneous/Impulsive
- Good Leader
- Positive Sense of Humor
- Creative
- Dramatic/Emotional


## Potential "i" Weaknesses

- May be Careless
- Undisciplined
- Forgets Rules
- Not Time Conscious
- May Shift Responsibility for Mistakes
- Tends to Listen When Convenient


## We're all in this together, so let's work as a team.

# $\mathrm{S}=$ STEADINESS 

## Emphasis is on

## cooperating with others to carry out the task

## High "S" Overview

* Characteristic: Consistent Performer
- Orientation: Team Oriented
- Motivated By: Maintenance of Status Quo
- Basic Fear: Loss of Stability/Change
- Under Pressure: Can Become Overly Willing to Give In


## Common "S" Characteristics

- Systematic/Predictable
- Thorough
- Loyal
- Listens/Understanding
- Reliable/Dependable
- Consistent


## Potential " $S$ " Weaknesses

- Resists Sudden Change
- Takes Time to Adjust to Change
- Pessimistic
- Needs to Learn to "No"
- Reluctant to Express

Thoughts/Opinion/Feelings

- Needs More Initiative



# C = CONSCIENTIOUSNESS 

## Emphasis is on

working conscientiously within existing circumstances to ensure quality and accuracy

## High "C" Overview

- Characteristic: Analytical Attention to Details
- Orientation: Task Oriented
- Motivated by: Correctness and Quality
- Basic Fear: Criticism of Their Work
- Under Pressure: Can Become Critical of Self and Others


## Common "C" Characteristics

- Logical/Analytical/Precise
- Perfectionist
- Diplomatically Polite
- Organized
- Quiet/Reserved
- Self-Competitive


## Potential "C" Weaknesses

- Not Inspiring
- Avoids Risks
- Analysis Paralysis
- Needs to Loosen/Lighten Up
- Does Not Delegate Well


## Personal Profile System Graphs



## Personal Profile System Graphs



## Compatibility Chart

| (Best) | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | (Worst) <br> KEY <br> 1=Best <br> $8=$ Worst |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| D D |  |  |  |  | W |  |  |  |  |
| Di |  |  | S |  |  | W |  |  |  |
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| i i | S |  |  |  |  |  | W |  |  |
| i S | W |  |  |  | S |  |  |  | Interaction |
| i C |  |  | W |  |  |  |  | S |  |
| S S | S |  | W |  |  |  |  |  | $\mathbf{W}=$ |
| S C | S | W |  |  |  |  |  |  | Work |
| CC | S |  | W |  |  |  |  |  | Tasks |

## Determining Another's Style

Outgoing / Active


Reserved / Shy

## Determining Another's Style

Outgoing / Active


Reserved / Shy

## Communicating With a "D"

Do:

- Be Brief, Direct, and to the Point
- Remember They Desire Results
- Answer "What", not "How"
- Focus on Task, Cut Small Talk
- Identify Opportunities/Challenges


## Communicating With a "D"

Don't:

- Ramble
- Repeat Yourself
- Waste Time
- Make Statements without Support


## Communicating With an "i"

Do:

- Allow Social Time
- Give Them Opportunity to Talk
+ Show Excitement
- Involve Brainstorming/Creativity
- Ask Feeling/Opinion Questions
- Help Transfer Talk to Action

Communicating With an "i"
Don't:

- Skip Introductions
- Do All the Talking
- Give Lots of Details

ث Answer "Who", Not "What" or "How"

## Communicating With an " $S$ "

Do:

- Go Slow and Easy/Be Patient
- Earn Trust
- Show Genuine Interest
- Draw Out Their Opinion
- Provide Reassurance/Show Benefit
- Answer All Questions


## Communicating With an " $S$ "

Don't:

- Rush Decision
- Be Pushy, Aggressive, Demanding or Confrontational
- Be Vague/General


## Communicating With a "C"

Do:

- Prepare in Advance
- Use Facts/Be Specific
- Address Pros and Cons
- Use Logical/Organized Approach
- Be Patient, Persistent, and Diplomatic


## Communicating With a "C"

## Don't:

- Answer Questions Vaguely/Casually
- Socialize
- Rush
- Forget Documentation


## DiSC Comparison

## Orientation:

> D - Results Oriented i - People Oriented
> S - Team Oriented
> C - Task Oriented

## DiSC Comparison

## Decisions Are:

D - Quick and Decisive i - Spontaneous
S - Considered
C - Deliberate

## DiSC Comparison

## Seeks:

> D - Productivity
> i - Recognition

S - Appreciation
C - Accuracy

## DiSC Comparison

## Views Conflict as:

D - Competition
i - Collaboration
S - Accommodation
C - Avoidance

## DiSC Comparison

## Irritated by:

D - Inefficiency/Indecision
i - Boredom/Routine
S - Insensitivity/Impatience
C - Surprises/Unpredictability

## DiSC Comparison

## Likes Others To Be:

> D - Direct/Decisive
> i - Friendly/Social

S - Cautious/Comforting
C - Diplomatic/Clear Thinking

## Work Preference Basic Concepts

- Similar styles tend to be compatible socially
+ Work task effectiveness is improved by mixing different styles
\& Mixing different styles may results in interpersonal conflict
-We can effectively work together with all styles provided that certain conditions exist:
- Mutual trust
-Mutual respect
-Willingness to adapt


## How Do We Cope With Stress?

- Balance work and recreation.
- Get enough sleep and rest.
- Learn to accept what you cannot change.
- Share your concerns with someone you trust and respect.
- Know when you are under stress - be aware.

